

श्री हनुमान चालीसा

śrī hanumān cālisā

दोहा

dohā

श्री गुरु चरन सरोज रज निज मनु मुकुरु सुधारि ।

चरनउँ रघुबर बिमल जसु जो दायकु फल चारि ॥ १ ॥

śrī guru carana saroja raja nija manu mukuru sudhāri ।

baranau raghubara bimala jasu jo dāyaku phala cāri ॥ 1 ॥

With a spotless (serene) mind, purified by the dust of the lotus feet of Guru, I now (proceed to) describe the unblemished glory of Sri Hanuman, the most exalted one of Ragh's family, who is capable of bestowing the four fruits on his devotees.

बुद्धिहीन तनु जानिके सुमिरौ पवन कुमार ।

बल बुद्धि विद्या देहु मोहि हरहु कलेस बिकार ॥ २ ॥

buddhihīna tanu jānike sumirau pavana kumāra ।

bala buddhi vidyā dehu mohi harahu kalesa bikāra ॥ 2 ॥

Knowing that I am ignorant, I pray to you (Sri Hanuman) the son of Wind God, to bless me with strength, wisdom and discriminating knowledge. Banish (all) my afflictions.

चौपाई

caupāi

जय हनुमान ज्ञान गुन सागर ।

जय कपीस तिहुँलोक उजागर ॥ १ ॥

jaya hanumāna jñāna guna sāgara ।

jaya kapīsa tihuloka ujāgara ॥ 1 ॥

Victory to you, O Hanuman, who is an ocean of knowledge and virtues. Victory to you, O Hanuman (Lord of the monkeys), who is well known in all the three worlds.

रामदूत अतुलित बलधामा ।
अंजनि-पुत्र पवन-सुत नाम ॥ २ ॥

rāmadūta atulita baladhāmā ।
anjani-putra pavana-suta nāma ॥ 2 ॥

You are the envoy of Lord Rama, an abode of incomparable strength, the son of Anjana known with the name Pavana-suta (son of the Wind God)

महावीर विक्रम बजरङ्गी ।
कुमति निवार सुमति के सङ्गी ॥ ३ ॥

mahābira bikrama bajaranḡī ।
kumati nivāra sumati ke saṅgī ॥ 3 ॥

You, with the body as hard (strong) as diamond, are a great warrior of incomparable valor; you are the remover of wicked thoughts, and (you) grant me the company of the wise.

कंचन बरन बिराज सुबेसा ।
कानन कुंडल कुंचित केसा ॥ ४ ॥

kañcana barana birāja subesā ।
kānana kuṇḍala kuñcita kesā ॥ 4 ॥

Your golden complexion shines more in attractive clothes (which you are wearing) and with the glittering earrings and (your) curly hair.

हाथ बज्र और ध्वजा बिराजै ।
काँधे मूँज जनेऊ साजै ॥ ५ ॥

hātha bajra aur dhvajā birājai ।
kāndhe mūnja janeū sājai ॥ 5 ॥

You have the thunderbolt (in one hand) and the flag (in another), and the sacred thread across your shoulder made of munja grass decorates you.

संकर-सुवन केसरी-नन्दन ।
तेज प्रताप महा जग-बन्दन ॥ ६ ॥

saṅkara-suvana kesarī-nandana ।
teja pratāpa mahā jaga-bandana ॥ 6 ॥

You are an incarnation of Shiva and son of Kesari. Everyone in the world respects you because of your luster and great valour.

विद्यावान गुनी अति चातुर ।
राम काज करिचे को आतुर ॥ ७ ॥

vidyāvāna guṇī ati cātura ।
rāma kāja karibe ko ātura ॥ 7 ॥

You are well versed in all the lores; you are full of virtues; you are highly intelligent. You are ever ready to carry out the missions of Lord Rama.

प्रभु चरित्र सुनिचे को रसिया ।
रामलखन सीता मन बसिया ॥ ८ ॥

prabhu caritra sunibe ko rasiyā ।
rāmalakhana sītā mana basiyā ॥ 8 ॥

You (always take) delight in listening to the glories of Prabhu (Ramachandra) and you have Lord Rama, Lakshmana and Mother Sita residing (permanently) in your heart.

सूक्ष्म रूप धरि सियहिं दिखावा ।
बिकट रूपधरि लंक जरावा ॥ ९ ॥

sūkṣma rūpa dhari siyahi dikhāvā ।
bikaṭa rūpadhari laṅka jarāvā ॥ 9 ॥

You assumed the minuest form (subtle form as small as an atom) when you revealed yourself to Mother Sita, and by assuming a fierce form, you burnt down (the city of) Lanka.

भीम रूप धरि असुर संहारे ।
रामचन्द्र के काज सँवारे ॥ १० ॥

bhīma rūpa dhari asura saṁhāre ।
rāmacandra ke kāja savāre ॥ 10 ॥

Assuming a dreadful form to destroy the demons, you accomplished the mission of Lord Rama.

लाय सजीवन लखन जियाये ।
श्री रघुबीर हरषि उर लाये ॥ ११ ॥

lāya saživana lakhana jiyāye ।
śrī raghubīra haraṣi ura lāye ॥ 11 ॥

You fetched Sanjivani to revive Lakshmana (who had fainted on the battlefield) and made Lord Rama happily embrace you.

रघुपति कीन्ही बहुत बडाई ।
तुम मम प्रिय भरतहि सम भाई ॥ १२ ॥
raghupati kīnhī bahuta baḍāi ।
tuma mama priya bhāratahi sama bhāi ॥ 12 ॥

Lord Rama praised (you) very highly (and said), "You are as dear to me as my brother Bharata".

सहस्र बदन तुम्हरो जस गावै ।
अस कहि श्रीपति कण्ठ लगावै ॥ १३ ॥
sahasa badana tumharo jasa gāvai ।
asa kahi śrīpati kaṅṭha lagāvai ॥ 13 ॥

Embracing you, Lord Rama said, "Even Shesha, the thousand headed serpent sings your glory".

सनकादिक ब्रह्मादि मुनीसा ।
नारद सारद सहित अहीसा ॥ १४ ॥
sanakādika brahmādi munīsā ।
nārada sārada sahita ahīsā ॥ 14 ॥

The (great) sages like Sanaka, etc., and gods like Brahma, Shesha (the King of Serpents) and Narada and goddess Sharada.

जम कुबेर दिगपाल जहाँ ते ।
कबि कोबिद कहि सके कहाँ ते ॥ १५ ॥
jama kubera digapāla jahā te ।
kabi kobida kahi sake kahā te ॥ 15 ॥

Yama - the god of death, Kubera - the god of wealth, the eight regents (of the directions), poets and scholars have not been able to praise you adequately.

तुम उपकार सुग्रीवहि कीन्हा ।
राम मिलाय राजपद दीन्हा ॥ १६ ॥
tuma upakāra sugrīvahi kīnhā ।
rāma milāya rājapada dīnhā ॥ 16 ॥

You helped Sugreeva in regaining his (lost) kingdom by making him meet Lord Rama.

तुम्हरो मन्त्र बिभीषन माना ।
लंकेस्वर भए सब जग जाना ॥ १७ ॥
tumharo mantra bibhishana mānā ।
lañkesvara bhaye saba jaga jānā ॥ 17 ॥

Vibheeshana heeded your advice. The entire world knows that he became the king of Lanka.

जुग सहस्र जोजन पर भानू ।
लील्यो ताहि मधुर फल जानू ॥ १८ ॥
juga sahasra jojana para bhānū ।
līlyo tāhi madhura phala jānū ॥ 18 ॥

You leaped quite easily at the Sun (who is) thousands of miles away thinking him to be a sweet fruit.

प्रभु मुद्रिका मेलि मुख माहीं ।
जलधि लांघि गये अचरज नाहीं ॥ १९ ॥
prabhu mudrikā meli mukha māhī ।
jaladhi lāngghi gaye acaraja nāhī ॥ 19 ॥

Holding the Lord's (Rama's) ring in your mouth, you flew over (crossed) the ocean, which is no wonder (as you are capable of any achievement).

दुर्गम काज जगत के जेते ।
सुगम अनुग्रह तुम्हरे तेते ॥ २० ॥
durgama kāja jagata ke jete ।
sugama anugraha tumhare tete ॥ 20 ॥

By your grace even the most difficult of tasks became easy to accomplish.

राम दुआरे तुम रखवारे ।
होत न आज्ञा बिनु पैसारे ॥ २१ ॥
rāma duāre tuma rakhavāre ।
hota na ājñā binu paisāre ॥ 21 ॥

You guard the door (entry) to Lord Rama's place where none dare to enter (or go out) without your permission.

सब सुख लहै तुम्हारी सरना ।
तुम रच्छक काहू को डर ना ॥ २२ ॥
saba sukha lahai tumhāri saranā ।
tuma racchaka kāhū ko ḍara nā ॥ 22 ॥

All those who seek refuge in you enjoy every kind of happiness. Why should one be afraid of anything when you are there to protect?

आपन तेज सम्हारो आपै ।
तीनों लोक हाँक ते काँपै ॥ २३ ॥
āpana teja samhāro āpai ।
tīno loka hāka te kāpai ॥ 23 ॥

You alone are capable of controlling your power. All the three worlds tremble when you roar.

भूत पिशाच निकट नहिँ आवै ।
महाबीर जब नाम सुनावै ॥ २४ ॥
bhūta piśāca nikaṭa nahi āvai ।
mahābīra jaba nāma sunāvai ॥ 24 ॥

Evil spirits dare not go near a person on hearing the name of great warrior (i.e., Shri Hanuman) being repeated.

नासै रोग हरै सब पीरा ।
जपत निरन्तर हनुमत बीरा ॥ २५ ॥
nāsai roga harai saba pīrā ।
japata nirantara hanumata bīrā ॥ 25 ॥

All the ailments and diseases and afflictions vanish when your name is repeated continuously.

संकट ते हनुमान छुडावै ।
मन क्रम बचन ध्यान जो लावै ॥ २६ ॥
saṅkaṭa te hanumāna chuḍāvai ।
mana krama bacana dhyāna jo lāvai ॥ 26 ॥

Shri Hanuman helps those who worship Him with sincerity and faith (i.e. by thought, action, speech, and prayer) in overcoming difficulties.

सब पर राम तपस्वी राजा ।
तिनके काज सकल तुम साजा ॥ २७ ॥
saba para rāma tapasvī rājā ।
tinake kāja sakala tuma sājā ॥ 27 ॥

You carried out all the missions of Lord Rama, who is a supreme yogi ruling over everyone.

और मनोरथ जो कोई लावे ।
सोइ अमित जीवन फल पावे ॥ २८ ॥
aura manoratha jo koī lāvai ।
soi amita jivana phala pāvai ॥ 28 ॥

You bless everyone who seeks your grace and grant him in large measure all he wants and also grant him the full fruit of life.

चारो जुग परताप तुम्हारा ।
है परसिद्ध जगत उजियारा ॥ २९ ॥
cāro juga paratāpa tumhārā ।
hai parasiddha jagata ujiyārā ॥ 29 ॥

Your glory radiates through all the four yuga-s and your fame shines everywhere in the universe.

साधु सन्त के तुम रखवारे ।
असुर निकन्दन राम दुलारे ॥ ३० ॥
sādhu santa ke tuma rakhavāre ।
asura nikandana rāma dulāre ॥ 30 ॥

You are the protector of the righteous and destroyer of the wicked. You are very dear to Lord Rama.

अष्टसिद्धि नौ निधि के दाता ।
अस चर दीन्ह जानकी माता ॥ ३१ ॥
aṣṭasiddhi nau nidhi ke dātā ।
asa bara dīnha jānakī mātā ॥ 31 ॥

Janakimata (Mother Sita) bestowed on you the boon that you may grant the eight siddhis (supernatural powers) and the nine forms of wealth (on anyone you like).

राम रसायन तुम्हरे पासा ।
सदा रहो रघुपति के दासा ॥ ३२ ॥

rāma rasāyana tumhare pāsā ।
sadā raho raghupati ke dāsā ॥ 32 ॥

The elixir of devotion to Lord Rama is with you, who always stays at the feet of Lord Rama as his servant (with utmost humility).

तुम्हरे भजन राम को पावै ।
जनम जनम के दुख बिसरावै ॥ ३३ ॥

tumhare bhajana rāma ko pāvai ।
janama janama ke dukha bisarāvai ॥ 33 ॥

Singing your praise makes Lord Rama bless (that person) and makes one forget (relieves of) one's miseries of all (previous) births.

अन्त काल रघुबर पुर जाई ।
जहाँ जन्म हरिभक्त कहाई ॥ ३४ ॥

anta kāla raghubara pura jāi ।
jahā janma haribhakta kahāi ॥ 34 ॥

At the end of one's life when one goes to the abode of Rama, such a person will be deemed as having been born as a devotee of Hari (Lord Rama).

और देवता चित्त न धरई ।
हनुमत सेइ सर्व सुख करई ॥ ३५ ॥

aura devatā citta na dharai ।
hanumata sei sarba sukha karai ॥ 35 ॥

Even though a devotee does not bring to his memory (worship) any other deity but Hanuman, he will (surely) enjoy all happiness.

संकट कटै मिटै सब पीरा ।
जो सुमिरै हनुमत चलबीरा ॥ ३६ ॥

sarṅkaṭa kaṭai miṭai saba pīrā ।
jo sumirai hanumata balabirā ॥ 36 ॥

All miseries and torments vanish when one remembers the brave Hanuman.

जै जै जै हनुमान गोसाई ।
कृपा करहु गुरुदेव की नाई ॥ ३७ ॥
jai jai jai hanumāna gosāi ।
kṛpā karahu gurudeva kī nāi ॥ 37 ॥

Victory to You! Victory to You! Victory to You! O God Hanumanji! Bless us with your grace as our perceptor.

जो सत बार पाठ कर कोई ।
छूटहि बन्दि महा सुख होई ॥ ३८ ॥
jo sata bāra pāṭha kara koī ।
chūṭahi bandi mahā sukha hoī ॥ 38 ॥

One who recites this (Hanuman Chalisa) a hundred times, is released from bondage (i.e., the cycle of death and rebirth) and enjoys (absolute) bliss.

जो यह पढ़ै हनुमान चालीसा ।
होय सिद्धि साखी गौरीसा ॥ ३९ ॥
jo yaha paṛhai hanumāna cālīsā ।
hoya siddhi sākhī gaurīsā ॥ 39 ॥

One who reads the Hanuman Chalisa (regularly) will accomplish his goals to which Lord Shiva is witness.

तुलसीदास सदा हरि चेरा ।
कीजै नाथ हृदय महँ डेरा ॥ ४० ॥
tulasidāsa sadā hari cerā ।
kījai nātha hṛdaya maha ḍerā ॥ 40 ॥

O Hanumanji, I (Tulasidas) am always the servant of the Lord (Lord Rama), and pray that you make your (permanent) residence in my heart.

दोहा
dohā

पवनतनय संकट हरन मंगल मूर्ति रूप ।
राम लखन सीता सहित हृदय बसहु सुर भूप ॥

pavanatanaya sankata harana mangala mūrati rūpa |
rāma lakhana sitā sahita hṛdaya basahu sura bhūpa ||

*Oh! Son of Wind, destroyer of all miseries, you are a symbol of auspiciousness.
Along with Lord Rama, Lakshmana and Sita reside in my heart, Oh king of gods!*

सियावर रामचन्द्र की जय
पवनसुत हनुमान की जय
उमापति महादेव की जय
बोलो भाइ सब सन्तन की जय
siyāvāra rāmacandra kī jay
pavanasuta hanumāna kī jay
umāpati mahādeva kī jaya
bolo bhāi saba santana kī jay

